



WELCOME

I am Nikos Leousis, as World Champion and in present Coach of Greek National Team and head coach of the Athletic Clubs **"A.C. Neapolis Makedoniki Dynami"** and **"A.P.C. Thermis Makedoniki Dynami"**, I had a vision to create an elegant and fancy Taekwon-Do ITF tournament, Open to all athletes, organized with very high level standards and strong competition, including in program some elements of sports entertainment, in my home town Thessaloniki

The King of Taekwon-Do was organized for the first time in 2013 with the participation of 400 Greek athletes and every year the tournament got bigger in numbers of athletes, countries and visitors, up to the present day, the event sees participation from over than 1400 athletes around the world!

Every year, all our efforts are focused on preparations so that the athletes from all over the world can experience a high class fighting tournament as part of their preparation for the World and European Championships, while they enjoy a pleasant stay in our city and combine some hours of touristic interest.

This year we will organize the 12th version of our Tournament and we are honored to invite you to compete with some of the world's best Taekwon-Do fighters for the title of the **12th King of Taekwon-Do - World Cup**.





THESSALONIKI

Thessaloniki, also known as Thessalonica or Salonica, is the second-largest city in Greece and administrative region of Central Macedonia. The city was founded around 315 BC by the King Cassandros of Macedon and he named it after his wife Thessaloniki, a half-sister of Alexander the Great.

Thessaloniki is a popular tourist destination. In 2010 was ranked by Lonely Planet as the world's fifth-best party city worldwide, comparable to other cities such as Dubai and Montreal.

CITY SITES

The historical center of the city is characterized by its many historical buildings, arcades, laneways and distinct architectural styles. It is divided into several districts, of which include Ladadika (where many entertainment venues and taverns are located), Navarino, Rotonda, Hippodrome and the White Tower (the symbol of the city). All these are located around Thessaloniki's most central point, Aristotelous Square.

Ano Poli is the highest point in Thessaloniki, from where you can have an outstanding view of the city. It consists of Thessaloniki's most traditional part of the city, still featuring small stone paved streets, old squares and homes featuring traditional Greek architecture.

VENUE

YMCA Sports Hall "Mimis Tsikinas"

Address: 1st N.Germanou str., P.O. 546 21, Thessaloniki

Google maps link: <https://goo.gl/maps/2sJkrfmZCugU4TkU7>





SCHEDULE

Monday 07 Dec. 2026 - Deadline for online Registration

Wednesday 09 Dec. 2026 - Final Competition Schedule

*** The final draws may differ, subject to the weigh-in and the competitors check**

Preliminary Competition Schedule

The Organizing Committee **may have to change the following scheduled program** depending on the registrations.

Thursday 10 Dec. 2026

17:00 - 20:00 Registration & Weigh-in check

Friday 11 Dec. 2026

09:00 - 17:00 Registration & Weigh-in check

11:00 - 11:30 Umpire meeting

11:30 - 12:00 Coach meeting

12:00 - 17:00 Tul Junior, Youth, Adults, Veterans
individual - team (Male & Female)

17:00 - 20:00 Sparring Junior Male - Junior Female

17:00 - 20:00 Sparring Youth Male - Youth Female

Saturday 12 Dec. 2026

09:00 - 18:30 Tul Children & Cadet individual - team (Male - Female)
Sparring Adult, Veteran, Youth, Junior, Children

14:00 Team Sparring Adult male & Adult Female

19:00 - 21:00 Opening Ceremony

Finals individual categories

Finals Team Sparring Adult male & Adult Female

Sunday 13 Dec. 2026

09:00 - 13:00 Sparring Kids

13:00 - 14:00 Opening Ceremony

14:00 - 20:00 Sparring Children & Cadet (Male & Female)

13:00 Team Sparring Youth, Junior





ACCOMMODATION

For booking you have to fill in the **Application form** attached to this file in the final page for all team members and send it to email address: info@kingoftkd.gr until **Friday 4 Dec. 2026**

Hotel Capsis **** (4 stars) or similar

There is limited availability at Hotel Capsis; in case of full capacity, participants will be accommodated in a similar hotel in city center. Bookings will be processed on a first-come, first-served basis.

PRICE

Room Type	Breakfast	Half Board
Single room	85€	105€
Double room	95€	125€
Triple room	130€	160€
4pax room	170€	210€

The prices on the above table **don't** include the "stay over tax (3€ per room per day)" that will be calculated based on the number of overnight stays and paid directly to the reception of the hotel. As the number of triple rooms is limited, allocation will be made according to the order of applications received.

Transportation

- from airport to hotel
- from hotel to Sports Hall and back, for the teams that arrived at Thessaloniki by plane.
- from hotel to airport
- **NOTE: In case that a team book accommodation separately in another Hotel, the Organize Committee cannot offer transportation services.**



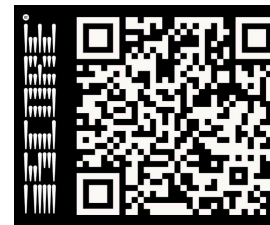


REGISTRATION

Athletic clubs and individual athletes will register their applications [online](#) until **Monday 7th of December 2026.**

For your registration details visit:

<https://data.taekwondo-itf.com/event/31721/13202>



Note: After the deadline you may contact the organization committee via e-mail using the address: **nickleou@hotmail.com**. Changes after the deadline will be accepted with the penalty of 20€ per athlete.

ENTRY FEES

The fee for teams and individuals selecting the **12th World King of Taekwon-Do services package** are the above.

Kids	40€
Children	50€ for one discipline extra 10€ for extra discipline
Junior	50€ for one discipline extra 10€ for extra discipline
Youth	50€ for one discipline extra 10€ for extra discipline
Adult	50€ for one discipline extra 10€ for extra discipline
Veteran	50€ for one discipline extra 10€ for extra discipline
Team (Sparring-Patters)	60€ per team

The fee for teams and individuals with independent hotel booking is **30€ more** per person and team.





AGE CATEGORIES

	Age	Rank		
Veteran	35 + years old	4 Gup	to	VI Dan
Adult	18 - 34 years old	4 Gup	to	IV Dan
Youth	16 - 17 years old	4 Gup	to	III Dan
Junior	14 - 15 years old	4 Gup	to	II Dan
Cadet	12 - 13 years old	6 Gup	to	I Dan
Child	10 - 11 years old	6 Gup	to	I Dan
Pre-Children	8 - 9 years old	8 Gup	to	1 Gup
Kids 6-7	6-7 years old	8 Gup	to	1 Gup





SPARRING

Kids 6-7 years old

Male -20kg -24kg -28kg -32kg -36kg -40kg -44kg +44kg

Female -18kg -22kg -26kg -30kg -34kg -38kg -42kg +42kg

Pre-children 8-9 years old

Male -20kg -24kg -28kg -32kg -36kg -40kg -45kg +45kg

Female -18kg -22kg -26kg -30kg -34kg -38kg -42kg +42kg

Children (10-11 years old) / 6gup - 3gup & 2gup - 1dan:

Male -25kg -30kg -35kg -40kg -45kg -50kg -55kg +55kg

Female -23kg -27kg -31kg -35kg -39kg -43kg -47kg +47kg

Cadets (12-13 years old)

Male -30kg -35kg -40kg -45kg -50kg -55kg -60kg +60kg

Female -25kg -29kg -33kg -37kg -41kg -45kg -49kg +49kg

Junior (14-15 years old):

Male -40kg -45kg -50kg -55kg -60kg -65kg -70kg +70kg

Female -35kg -39kg -43kg -47kg -51kg -55kg -59kg +59kg

Youth (16-17 years old):

Male -45kg -50kg -55kg -60kg -65kg -70kg -75kg +75kg

Female -40kg -44kg -48kg -52kg -56kg -60kg -64kg +64kg

Adult (18-34 years old):

Male -52kg -60kg -66kg -72kg -78kg -84kg -90kg +90kg

Female -50kg -54kg -58kg -62kg -66kg -70kg -74kg +74kg

Veteran (35+ years old):

Male -64kg -73kg -80kg -90kg +90kg

Female -54kg -61kg -68kg -75kg +75kg





Note 1: In case there are less than four (4) competitors in one category (of Children, Junior, Youth, Adult and Veterans), then those competitors will be transferred to another weight category and the competitors will be notified.

Note 2: Competitors in the categories of Kids will compete in pulls consisting of four athletes (two fights per athlete).

DURATION

Kids	2 Rounds * 1:00	Break 0:20
Children	2 Rounds * 1:30	Break 0:30
Junior	2 Rounds * 2:00	Break 0:30
Youth	2 Rounds * 2:00	Break 0:30
Adult	2 Rounds * 2:00	Break 0:30
Veteran	2 Rounds * 1:30	Break 0:30

TEAM SPARRING

Every country can participate in Adult male, Adult female, Youth Male, Youth Female, Junior Male, Junior Female category.

PATTERN

CATEGORIES

Kids	No Patterns						
Children (10-11 years old):	6-5 Gup	4-3 Gup	2-1 Gup	I Dan			
Cadet (12-13 years old):	6-5 Gup	4-3 Gup	2-1 Gup	I Dan			
Junior (14-15 years old):	4-1 Gup	I Dan	II Dan				
Youth (16-17 years old):	4-1 Gup	I Dan	II Dan	III Dan			
Adult (18-34 years old):	4-1 Gup	I Dan	II Dan	III Dan	IV Dan		
Veteran (35+ years old):	4-1 Gup	I Dan	II Dan	III Dan	IV Dan	V Dan	VI Dan





Note 1: All categories will compete in 2 patterns (both will be selected by the jury) in the qualification games and the final games.

TEAM TUL

Team Tul will be divided into two age categories with the right to create a team consisting of boys and girls together.

- Adults Male & Female
- Youth with Juniors (Male & Female)
- Cadets (12-13) with Children (10-11) (Male & Female)

Optional & Designated

	1st Pattern		2nd Pattern	
6 Gup	Do San	Won Hyo	Chon Ji	Do San
5 Gup	Won Hyo	Yul Gok	Chon Ji	Won Hyo
4 Gup	Yul Gok	Joong Gun	Chon Ji	Yul Gok
3 Gup	Joong Gun	Toi Gye	Chon Ji	Joong Gun
2 Gup	Toi Gye	Hwa Rang	Chon Ji	Toi Gye
1 Gup	Hwa Rang	Choong Moo	Chon Ji	Hwa Rang
I Dan	Kwang Gae	Ge Baek	Chon Ji	Ge Baek
II Dan	Eui Am	Juche	Joong Gun	Juche
III Dan	Sam Il	Choi Yong	Joong Gun	Choi Yong
IV Dan	Yon Gae	Moon Moo	Joong Gun	Moon Moo
V Dan	So San	Se Jong	Joong Gun	Se Jong



DRAW



The draw will be released on

- **Thursday, Dec. 10th, 2026 for ALL categories.**

***Should any category changes occur during the weigh-in, a new draw may be conducted for the respective affected categories.**

PAYMENT

Registrations and payments will be made at the stadium on the scheduled days and times of the weigh-in with cash money (€) or electronically via POS.

WEIGH-IN

Weigh-in will take place at **Venue YMCA Sports Hall "Mimis Tsikinas"** on

Thursday 10th of December from **17:00** until **20:00**

Friday 11th of December from **09:00** until **17:00**

The athletes that participate on Friday at sparring discipline must complete the weigh-in till 14:00



12th King of Taekwon-Do World Cup title winners and podium winners will be



awarded with medals, trophies and gifts. The organizing committee decided for 2026 the awards as follows:

Sparring Awards

	"KING" Anthrax T-Shirt	"KING" Anthrax Hat	Trophy	Medal	Participation Diploma
Adult	✓		✓	1 st 2 nd 3 rd	✓
Youth		✓	✓	1 st 2 nd 3 rd	✓
Junior		✓	✓	1 st 2 nd 3 rd	✓
Cadet			✓	1 st 2 nd 3 rd	✓
Children			✓	1 st 2 nd 3 rd	✓
Pre-Children				Participation	✓
Kids 6-7				Participation	✓
Veterans				1 st 2 nd 3 rd	✓

Pattern Awards

	"KING" Anthrax T-Shirt	"KING" Anthrax Hat	Trophy	Medal	Participation Diploma
Adult	✓		✓	1 st 2 nd 3 rd	✓
Youth		✓	✓	1 st 2 nd 3 rd	✓
Junior		✓	✓	1 st 2 nd 3 rd	✓
Cadet			✓	1 st 2 nd 3 rd	✓
Children			✓	1 st 2 nd 3 rd	✓
Veterans				1 st 2 nd 3 rd	✓

COMPETITION RULES

- This Tournament is held in accordance with the **ITF rules, ver. 2026**



- **Tournament Observer:** Ms. Ioanna Manou
- **Protest Jury:** (it will be designated by the Umpire Committee)
- The participating clubs should take care of the ratio of five athletes - one coach (5:1) to strictly adhere to the timetable of the draw
- Competitors of the categories Adult Male/Female, Junior Male/Female and Veterans must wear **an ITF Dobok** (not limited to any manufacturer, any official brand is allowed).
- All competitors must be in possession of a **blue and red set of approved type of safety equipment for sparring** (not limited to any manufacturer, any official brand is allowed). Other colors will not be allowed.
- All athletes will participate at their club's responsibility.
- Only official coaches have the right to enter the ring.
- The organization committee has no responsibility for any equipment loss or injuries before, during and after the tournament. The clubs and the athletes should care about their complete insurance.

Official protest must be filed within 5 minutes after sparring or pattern and submitted to the Jury President after paying the amount of 50€ to the organizer.

UMPIRES

The Organizing Committee will cover 2 nights (3 days) of accommodation and provide lunch at the venue for international umpires **whose team consists of at least 10 competitors. The umpires must be registered as umpires in the Accommodation Application Form.**





CONTACT INFORMATION

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Greg Manos for Accommodation	info@kingoftkd.gr	+30 6973 379 927

SOCIAL MEDIA

Follow the **12th King of Taekwon-Do - World Cup** on Social Media to be updated!



<https://kingoftkd.gr>



www.youtube.com/worldkingoftaekwondo



www.facebook.com/kingoftkd



www.instagram.com/kingofTaekwon-Do



<https://chat.whatsapp.com/E5HDeFrqyei8zlOF7Wk03U>





Send the following Consent Form signed with the ACCOMMODATION FORM via email to info@kingoftkd.gr & nickleou@hotmail.com

CONSENT FORM

By submitting this Consent Form, I hereby consent to the videotaping/photographing/audio recording of myself and athletes of the club whom I legally represent as the official/head Coach or Team Leader for the 12th King of Taekwon-Do - World Cup. I understand that all material obtained will be used by the organizers of the 12th King of Taekwon-Do - World Cup for promotional, commercial, educational and related purposes, including external distribution via satellite broadcast, cable TV, radio broadcast, webcast or on-demand streaming in digital format on the Internet. The organizers of the 12th King of Taekwon-Do - World Cup may also share this material with others, as appropriate at their discretion. We understand that we will receive no compensation for any use of materials associated with this consent.

I understand that videotaping/photographing/audio recordings will become the property of the organizers of the 12th King of Taekwon-Do - World Cup and I understand that use of the Recordings may include, but not necessarily be limited to, the following:

- Internal use by the 12th World King of Taekwon-Do and other authorized third parties in streaming digital format (live or on demand) on the Internet or other digital media.
- Distribution (may include videotape reproduction, satellite broadcast, cable TV, webcast, on-demand).

I have read this form and I agree to be bound by this consent form.

Signature _____

Date _____



12th King of Taekwon-Do - World Cup

11 - 13 December 2026 || Thessaloniki Greece

Accommodation Form

Club	
Country	
Coach Name	
Telephone	
email	

Arrival	Date time		Place	
Departure	Date time		Place	

				Full Name		
a/a	Room Size	BB Meal	HB Meal	1st Person	2nd Person	3rd Person
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						